

The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;

Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals

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DATE: 12/08/2022

CIRCULAR

India celebrating their 76th Independence Day on August 15, 2022. The Oxford College of Pharmacy invites all the faculty members and students to join the gathering on this occasion on 16 August to remember the sacrifice of our freedom fighters to secure our independence. All are requested to participate actively.

PRINCIPAL

No 6





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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

PROGRAMME ON

"INDEPENDENCE DAY 2022"

15th of August 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OFINSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY





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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 76th Independence Day, which is themed "Nation First, Always First" with great enthusiasm on 16th August 2022.

In line with the government's focus on national unity & development. The Oxford College of Pharmacy all the faculty members and students assembled at the entrance and was addressed by the Principal Dr Padmaa M Paarakh, followed by HOD's of various departments. Ms Yuktha. represented the students and shared her

views on theme. There were 80 participants.

All the faculty members and the students uploaded the selfies and photographs with their family while

hoisting the flag and celebrating the Independence Day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "har ghar tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Indepence day with the family

and cheering for India in the Photos..

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Few students prepared posters and the enthusiasm among them waving the Indian flag truly shows the proud

feeling of a patriotic citizen.



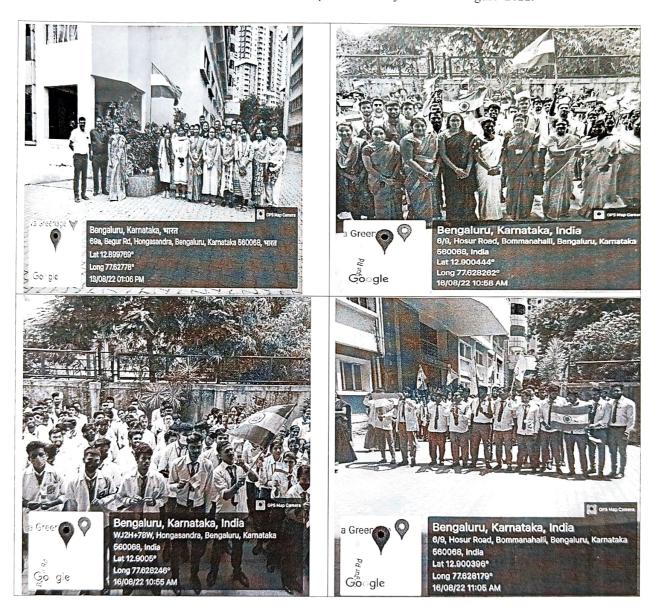
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Some Photos from the celebration of 76th Independence Day on 16th August 2022.





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Outcome

All the students and faculty members celebrated the Independence Day and enjoyed at the fullest and felt proud for the country.

END OF THE REPORT







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DATE: 12/08/2023

CIRCULAR

India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

PRINCIPAL

The Oxford College Of Pharmac No 6\9.1st Cross, Begur Road, Hongasand Bangalore - 560 068



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PROGRAMME ON

"INDEPENDENCE DAY 2023"
15th of August 2023

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HOD,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY





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In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "har ghar tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Indepence day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Shrivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.





The Oxford College of Pharmacy

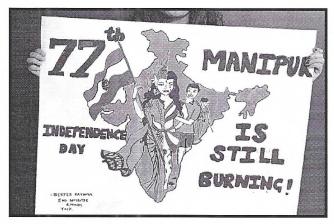
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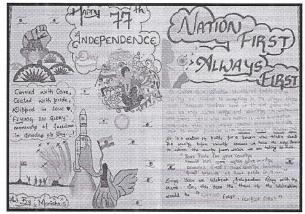
Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence day in public gathering.

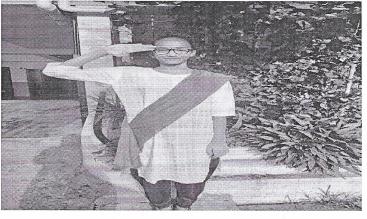
Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15th August 2023.







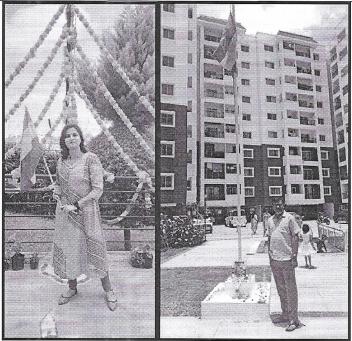




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Outcome

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END OF THE REPORT

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Date: 02/09/2022

CIRCULAR

All the teaching staff, non-teaching staffs and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5th of September 2022. All are requested to assemble in the Auditorium by 3 pm. We look forward the active participation for the same.

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAMME

ON

"TEACHER'S DAY CELEBRATION 2022"

5TH OF SEPTEMBER 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OFINSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZER

MRS. SURINDER KAUR
ASSISTANT PROFESSOR, DEPARTMENT OF
PHARMACEUTICS.





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PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, IQAC, Bangalore celebrated "Teachers's day" on 5th September 2022. Mrs. SURINDER KAUR, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

The content of the Session:

"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5st September 2022.

On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organised by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr.Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2ND year Pharm D and Yeshashwani of 2nd year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc.IT was followed by a group activities for the teachers which was filled with enthusiasm. The principal madam including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the TEACHER'S DAY. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics.

Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks.





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The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.

Warm Welcome to the Teaching Faculty



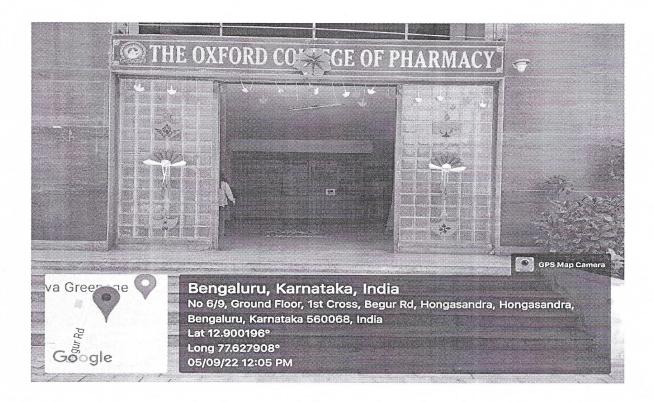




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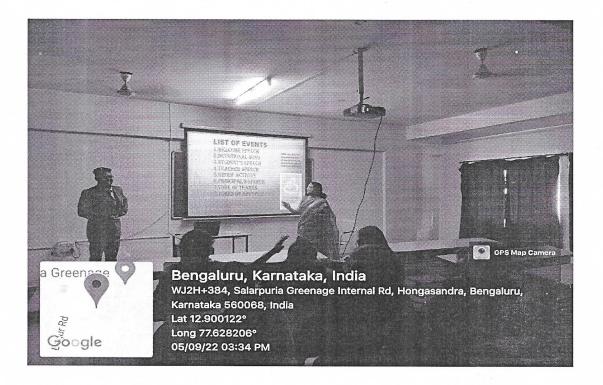
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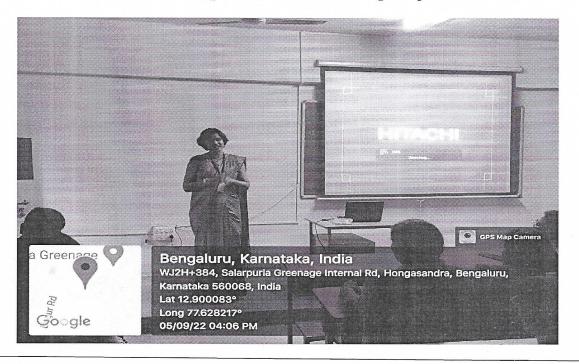
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Interaction between Principal Madam and Student.



Views of Dr. Noorpur S Madam on Teaching as a profession





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Memories of the Teacher's Day Celebrations







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OUTCOME OF THE PROGRAM

Teacher's Day was celebrated on 5th September 2023. The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games were organized for all Teaching & Non-Teaching Staff was held and gifts were given.

END OF THE REPORT

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Date: 25/10/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'NATIONAL UNITY DAY 2022' will be conducted on 31/10/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Pad mo PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

PROGRAMME

ON

NATIONAL UNITY DAY

ON

MONDAY, 31 OCTOBER 2022

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Ms LIJI JOY

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE THE OXFORD COLLEGE OF PHARMACY





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PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "National Unity Day" on 31 October 2022. There were totally 60 participants of students of different classes.

Ms Liji Joy, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "National Unity Day" and Dr. G Parthasarathy, Professor and Head of the Department of Pharmacy Practice emphasized the importance of the day.

Rashtriya Ekta Diwas or National Unity Day was introduced by the government of India in 2014 to pay tribute to great man who unified the country. While declaring October 31 as National Unity Day, the government said in an official statement that this occasion "will provide an opportunity to reaffirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity, and security of our country."

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Ms Liji Joy, Programme organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about National Unity Day /Rashtriya Ekta Diwas. The birth anniversary of Sardar Vallabhbhai Patel—the first home minister of Independent India—is celebrated as National Unity Day or Rashtriya Ekta Diwas. Vallabhbhai Jhaverbhai Patel also dubbed as 'Sardar Patel' was born on October 31, 1875, into a landowning family of the Leva Patidar caste.

Sardar Patel achieved the incredible feat of persuading almost every single one of the 565 self-governing princely states, that had been released from British suzerainty, to accede to the Union of India. For his commitment to the national integration of the newly independent country, Sardar Patel earned the sobriquet "Iron Man of India".

The event was organized by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 11:30 to 12:30 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

A Pledge was taken by the students headed by Dr Sripriya C, Asst Professor as follows- "I solemnly pledge that I dedicate myself to preserve the unity, integrity, and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure the internal security of my country."

A total of 60 students from both B Pharm and pharm D were participated in this session.





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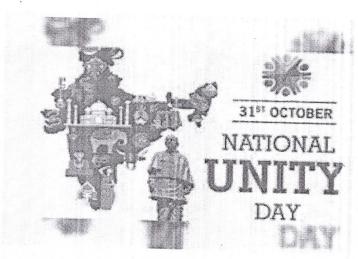
The organizer Ms Liji Joy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, Dr. Parthasarathy G HOD, Department of Pharmacy Practice for encouraging to organize such an event and extended all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 31 Oct 2022

| Time Schedule | Programme |
|----------------|---------------------------|
| 11:30-12:30 PM | "National Unity Day 2022" |

Principal



National Unity day 2022 is celebrated on behalf of the birth anniversary of Sardar Vallabhbhai Patel



Organised by:

The Oxford College of Pharmacy BENGALURU, KARNATAKA

Alone You are a drop, but in a Team, We form an ocean

Resource Person:

Dr. G. Parthasarathy Professor & HOD Department of Pharmacy Practice, The Oxford College of Pharmacy





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OUTCOME OF THE PROGRAMME

The programme made students realize that National Integration helps in keeping the stability of the country and helps in the development. It nourishes communal harmony and fights casteism, regionalism and linguistic differences. It enhanced the feeling of loyalty towards the nation and aims at unifying people. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT





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DATE: 23/01/2023

CIRCULAR

Celebration of 74th Republic Day.

India celebrating their 74th Republic Day on January 26, 2023. The Oxford College of Pharmacy invites all the students to showcase their creativity and activity. Following are the list of events is going to be conducted on January 26, 2023.

- Face Painting
- Slogan Competition
- Extempore

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DEPARTMENT OF PHARMA CHEMISTRY, IQAC

ORGANISED PROGRAMME

ON

"REPUBLIC DAY 2023"

26TH JANUARY 2023

CHAIRMAN

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OFINSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA
HOD,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
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PREAMBLE

On the auspicious morning of 26th January 2023, The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day in the college premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26th January every year irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day, which is themed as 75th Azadi Ka Amrit Mahostav with great enthusiasm on 26th January 2023. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

On the special occasion, we also mark the festival of Basant Panchami. To celebrate the festival, faculty and students gathered to pay homage to the goddess of knowledge and wisdom, Saraswati, with a traditional Aarti and Bhajan ceremony. The simultaneous celebration of two important events added to the cultural richness and diversity of the day's festivities. The university community came together to celebrate India's constitutional values and rich cultural heritage, making the day a truly memorable one.

The campus was beautifully decorated with flags and rangoli to commemorate the day. All the students, teachers, and non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30 a.m. Our beloved principal Dr Padmaa Paraakh welcomed all the members present for the function. She motivated our college students for various patriotic performances and shared with everyone to be good citizen of India by showing sincerity and punctuality in development of our nation. All must work hard and should not postpone their duties. She appreciated the consistent endeavours of our armed forces in protecting our country bravely. She urged students to realize, understand and cherish our coveted freedom and work towards a progressive nation. She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.





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Dr Parthsarthy, Professor, HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Dr. Noopur Srivastava, HOD, Department of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

To celebrate the day four programs were conducted in the Auditorium- Extempore, Slogan Competition, Face Painting and Sudoku.

The Face painting competition was organised in the Room no 404 and other events in the Auditorium. The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava. There were over all 75 participants.





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THE OXFORD COLLEGE OF PHARMACY

OVERALL RESULT

Name of the Event: Face Painting

Total points:15

| S.No. | Name of the | Judge | Judge | Judge | Judge | Judge | Total | |
|-------|-------------|-------|-------|-------|-------|-------|-------|--------------|
| | Participant | 1 | 2 | 3 | 4 | 5 | | |
| 1. | TEAM A | 11.5 | 12.5 | 10 | 13 | | 11.75 | III Position |
| 2. | TEAM B | 11.5 | 11 | 9 | 11 | | 10.62 | |
| 3. | TEAM C | 9.5 | 9 | 10 | 11 | | 10 | |
| 4. | TEAM D | 9 | 8.5 | 14 | 10.5 | | 10.5 | |
| 5. | TEAM E | 12.5 | 13.5 | 12 | 13.5 | | 12.87 | II Position |
| 6. | TEAM F | 6.5 | 9.5 | 11 | 13.5 | | 10.12 | |
| 7. | TEAM G | 10.5 | 10 | 12 | 11.5 | | 11 | |
| 8. | TEAM H | 13.5 | 13 | 13 | 12.5 | | 13 | I Position |

The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava.

RESULT:

I Position: TEAM H- Ms Umme Habiba and Yaseen (I MPH)

II Position: TEAM E- Ms Athamja Shetty and Monisha KC (II MPH)

III Position: TEAM A- Ms Swathi and Ms Kruthika (III BPH)





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OVERALL RESULT

Name of the Event: Slogan Competition

Total points:15

| Name of the | Judge | Judge | Judge | Judge | Judge | Total | |
|-------------|--|--|--|---|---|---|--|
| Participant | 1 | 2 | 3 | 4 | 5 | | |
| TEAM A | 13 | 12 | 12 | 12 | | 12.25 | II Position |
| TEAM B | 11 | 9 | 9 | 9 | | 9.5 | |
| TEAM C | 10 | 8 | 9 | 8 | | 8.75 | |
| TEAM D | 14 | 13 | 11 | 13 | | 12.75 | I Position |
| TEAM E | 11 | 10 | 10 | 9.5 | | 10.12 | |
| TEAM F | 12.5 | 11 | · 11 | 9 | | 10.87 | III Position |
| | Participant TEAM A TEAM B TEAM C TEAM D TEAM E | Participant 1 TEAM A 13 TEAM B 11 TEAM C 10 TEAM D 14 TEAM E 11 | Participant 1 2 TEAM A 13 12 TEAM B 11 9 TEAM C 10 8 TEAM D 14 13 TEAM E 11 10 | Participant 1 2 3 TEAM A 13 12 12 TEAM B 11 9 9 TEAM C 10 8 9 TEAM D 14 13 11 TEAM E 11 10 10 | Participant 1 2 3 4 TEAM A 13 12 12 12 TEAM B 11 9 9 9 TEAM C 10 8 9 8 TEAM D 14 13 11 13 TEAM E 11 10 10 9.5 | Participant 1 2 3 4 5 TEAM A 13 12 12 12 TEAM B 11 9 9 9 TEAM C 10 8 9 8 TEAM D 14 13 11 13 TEAM E 11 10 10 9.5 | Participant 1 2 3 4 5 TEAM A 13 12 12 12 12.25 TEAM B 11 9 9 9 9.5 TEAM C 10 8 9 8 8.75 TEAM D 14 13 11 13 12.75 TEAM E 11 10 10 9.5 10.12 |

The judges for the Slogan competition were Mrs.Uma Prabha, Mrs Keerthana CK, Mrs Vishnupriya S and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Mr Shailesh (III BPH)

II Position: TEAM A-Ms Keerthana K (II BPH)

III Position: TEAM F- Ms Deepti Choudhary (III Pharm D)





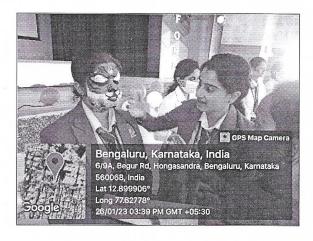
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Some Photos from the celebration of 74th REPUBLIC DAY on 26th January 2023.

















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OUTCOME

All the student & faculty member celebrated the republic day and enjoyed at the fullest and felt proud for the country.

END OF REPORT

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Date: 25/02/2023

CIRCULAR

The NSS unit of The Oxford College of Pharmacy is organizing the "National Science Day" in The Oxford College of Pharmacy on 28/02/2023. We request the active participation of the staff and students for the same.

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy No 6\9.1st Cross, Segur Road, Hongasandra Bangalore - 560 068





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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANIZED PROGRAMME ON

"NATIONAL SCIENCE DAY"

ON

TUESDAY, 28th February, 2023

CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. NOOPUR SRIVASTAVA ASSOCIATE PROFESSOR DEPARTMENT OF PHARMACOLOGY, TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "National Science Day" with an aim to recognize and appreciate the contributions of scientists and researchers to the field of science and to create awareness among the students about the importance of science and its applications in everyday life as well as to promote and nourish interest in science and technology. The program was conducted on Feburary, 28th 2023.

Ever since 1987, our country has been celebrating the National Science Day on 28th February to commemorate the discovery of the 'Raman Effect' by one of the renowned Physicist of India- Sir CV Raman. This year, the theme was 'Integrated Approach in Science and Technology for Sustainable Future'.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

On the occasion there were Poster, Working Models and Origami Models competitions. There was enthusiastic participation for all the competitions from the students. Students from various under graduate and post-graduate courses had participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models. Dr. Parthasarthy Prof. & HOD, Pharmacy practice formally welcomed all the participants gathered for the celebration and spoke on the importance of National Science Day and the life and works of noble laureate Sir C V Raman. Dr. Padmaa M Paarakh Principal, The Oxford College of Pharmacy emphasized the need to go beyond textbooks and imbibe the knowledge from all the spheres for the overall development of any pharmacist. She encouraged and motivated students to take up challenges and put efforts to achieve excellence in their life. Dr. Gururaj S Kulkarni Prof. & HOD, Department of Pharmaceutics reflected on how Science and Technology should walk hand in hand to solve the current societal problems. Honourable Principal, HODs and faculties appreciated the science projects exhibited by the students in the science fair.

The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm and D Pharm were



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participated in the Programme. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced by Dr. Noopur Srivastava Associate Professor Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. Finally, Mrs. Bhavani, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 28th Feburary, 2023

| Time Schedule | Programme |
|-------------------|---|
| 3:10 P.M-3:30 P.M | Display of Models (Working models, Origami Models) |
| 3:30 P.M-4:00 P.M | Presentation for Models by Students |



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 151 MAIN, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

Azadi _{Ka} Amid Mahotsav

DEPARTMENT OF PHARMACOLOGY, IIC

NATIONAL SCIENCE DAY 28TH FEBRUARY 2023

THEME: Integrated Approach in Science and Technology for Sustainable Future

PATRON

SHRI S. N. VL. NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS CONVENER

DR PADMAA M PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY ORGANIZING SECRETARY DR. NOOPUR SRIVASTAVA

DEPARTMENT OF PHARMACOLOGY
THE OXFORD COLLEGE OF PHARMACY
BANGALORE





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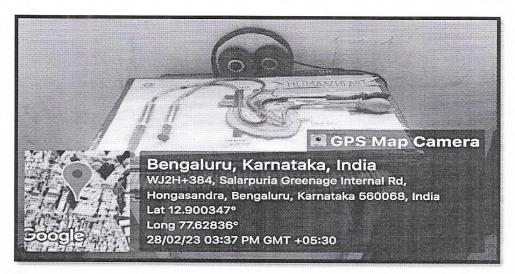




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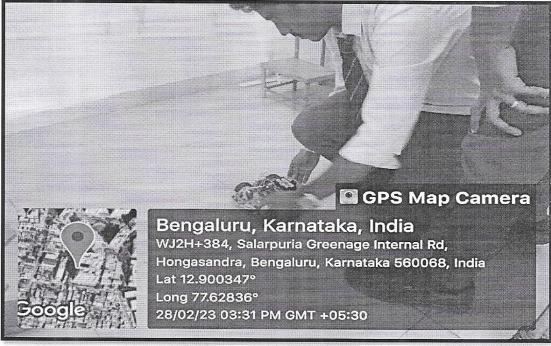


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OUTCOME OF PROGRAM:

National Science Day's was conducted to ignite an interest in to the students, to perform new experiments, and make them aware of the latest developments in science and technology. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners.

P. Padma

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Date: 04/03/2023

CIRCULAR

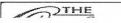
All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that the "International Women's Day" will be celebrated on the 8th of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANIZED

AWARENESS PROGRAM ON

"INTERNATIONAL WOMEN'S DAY"

ON WEDNESDAY, 08TH MARCH 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

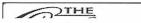
ORGANIZING SECRETARY

Mrs. SURINDER KAUR

ASST PROFESSOR,
DEPARTMENT OF PHARMACEUTICS,
TOCP

COLLEGE OF PHARMACY

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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, celebrated "Women's Day" on 08th March2023. There were both teachers and students who attended it from different classes. Mrs.Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr.G,Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions ,Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Guru Raj S Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants Schedule: On 8th March 2023

| Time Schedule | Program me |
|---------------|---------------------------------|
| 3-4pm | "INTERNATIONAL WOMENS DAY 2023" |



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BENGALURU - 560 068



MARCH International

Women's Day

THEME: "INNOVATION AND TECHNOLOGY FOR GENDER EQUALITY"

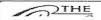
CHIEF PATRON
Shri S N V L Narasimha Raju
Chairman
The Oxford Educational
Institutions

CONVENER
Dr Padmaa M Paarakh
Principal
The Oxford College of
Pharmacy

ORGANIZING COMMITTEE
Department of
Pharmaceutics
The Oxford College of
Pharmacy



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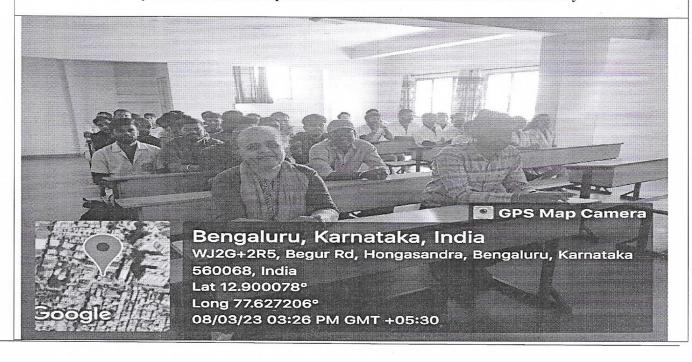
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Dr.G, Venkata Karthik, Assistant Professor of Pharmacology Department giving a talk on Women's Day.



Boy students showed up in more numbers to attend the women's day





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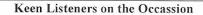


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POSTER PRESENTATION ON WOMEN AND TECHNOLOGY

JUDGES MRS. JOYCE & MRS NAGALAKSHMI





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PARTICIPANTS



BEST POSTER OF THE DAY





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STUDENTS SPREADING AWARENESS REGARDING EMPOWERMENT OF WOMEN IN SOCIETY



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OUTCOME OF THE PROGRAM

The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. On this occasion, students and faculty joined together and went to promote awareness among the women about their right, equality and privileges in the society. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society.

END OF REPORT

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Date:10/4/23

CIRCULAR

The NSS unit of the Oxford college of pharmacy is organizing the Dr.B R Ambedkar Jayanti at The Oxford college of pharmacy on 14/04/2023 at 9.30am. We request the active participation of the staff and students for the same.

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZE

AWARENESS PROGRAM

ON

"B R AMBEDKAR JAYANTI"

14TH APRIL-2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.LIJI
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
TOCP





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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "Dr B R AMBEDKAR JAYANTI" with an aim to raise an awareness program to educate our staffs and students about the contribution of Dr B R Ambedkar to our nation. The program was conducted on april 14th 2023.

The major contribution by Dr. Ambedkar was helping dalits to get equal authority, status and respect in society as others. He is one of the greatest leaders in Indian history. He always fought against the discrimination happening against the dalits. He form new laws in support of dalits and gave them education and equal rights as other caste. We should pay him respect and tribute on what he had contributed to indian law and constitution. Because of him, many students are able to get quality education in india at lesser fee. There are people who are economically backward and cannot afford education in high level institute, but because of B R Ambedkar even they are able to get high quality education for their children which will secure the future of India.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Mrs Liji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The program started with a lamp lighting ceremony.

Dr. G Parthasarathy HOD, Department of Pharmacy practice, was invited to talk about the B R Ambedkar day. He delivered message about the importance of the day. One of the reasons of celebrating Ambedkar jayanti is to inspire the youth by reminding them of the heroic deeds of Dr Ambedkar.

The program has three different sessions which is delivered by students of III PharmD. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The student staged a play on the role of Dr. Ambedkar which was witnessed by all staff members. III PharmD students organized a programme on "Role of Dr. Ambedkar in framing Indian constitution. Dr Padmaa M Paarakh Principal highlighted the contributions of Ambedkar in framing and designing the Indian constitution. Students and faculty members of the college paid tribute to Dr Ambedkar who was a social reformer, Jurist, Economist, Author and a great Scholar and thinker.





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On this Occasion, A documentary on life and contribution of Ambedkar was shown to students. The achievements and contributions of Ambedkar was highlighted and his major contributions to uplift the lower caste people were also highlighted. Dr. Ambedkar was a strong advocate of social justice, equality and human rights.

The organizer Mrs. Liji concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, the oxford college of pharmacy for organizing such an event and Dr. G Parthasarathy HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 14th April 2023

| Time Schedule | Programme |
|---------------|-------------------------|
| 9.30am | Dr B R Ambedkar Jayanti |

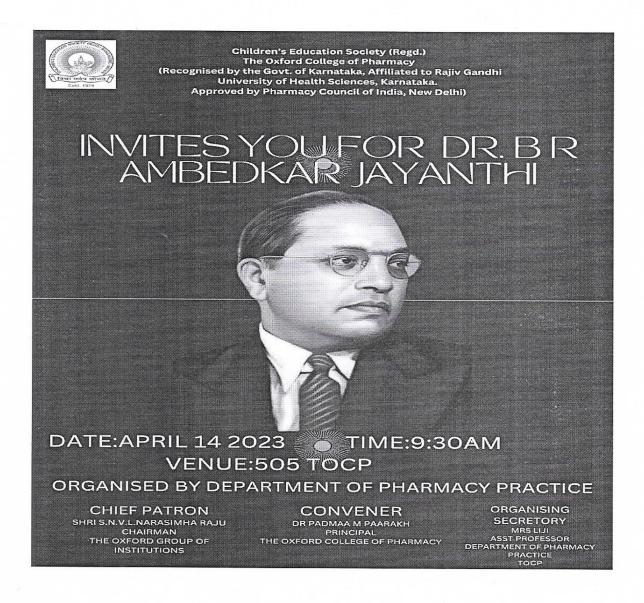




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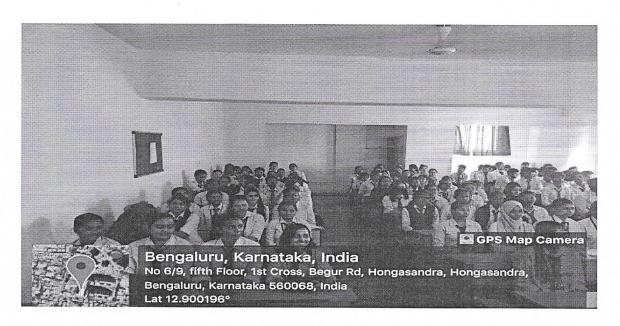


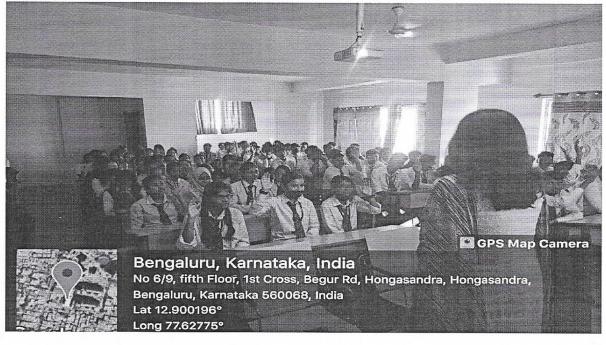
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OUTCOME OF THE PROGRAM

Dr. Ambedkar's life, his advocacy for social equality, and his pivotal role in shaping the constitution, students gained a profound knowledge for the historical and social context that underpins their profession. His ideas continue to inspire around the world. The session not only expanded their cultural competence but also inspired a commitment to ethical and inclusive healthcare practices. His ideas continue to inspire around the world.

END OF REPORT

DDINCIPAL

The Oxford College Of Pharmar v No 6\9.1st Cross, Begur Road, Hongasandra Bangalore - 560 068





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DATE: 13/05/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The oxford college of pharmacy that program on "INTERNATIONAL FAMILY DAY 2023" will be conducted on 15/05/2023. We request for the active participation for the same.

PRINCIPAL

The Oxford College Of Pharmacy No 69.1st Cross, Begur Road, Hongasandra Bangalore - 560 068





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DEPARTMENT OF PHARMACEUTICS, IQAC ORGANISED PROGRAME ON "INTERNATIONAL FAMILY DAY"

15TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD EDUCATIONAL INSTITUTIONS

WEBINAR CO-ORDINATOR

MRS.R.UMA PRABHA
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICS

RESOURCE PERSON

DR. PADMAA M PAARAKH
PRINCIPAL





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PREAMBLE

The Oxford college of pharmacy organized "INTERNATIONAL FAMILY DAY 2023" with an aim to aware Importance of family to our students. The program was conducted on May 15th 2023

The United Nations adopted a resolution in 1994 establishing the International Day of Families to celebrate the institution of family and to raise awareness regarding the issues faced by families.

The content delivered in the program is as follows:

The program was started with a welcome note by Mrs. R. Uma prabha, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The theme of International Day of Families 2023 is "Demographic trends and families". Families are the bedrock of any society. They help shape the values and beliefs of individual's while also providing a sense of belonging and identity. Families also provide emotional and social support, care and guidance to individuals,

International Day of Families plays an important role in recognizing the role of families in our society while also addressing many of the issues that are faced by modern families as poverty and inequality. our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about the family, the importance of family and why we need to be aware. She coated many examples that encourage the students to understand and respect the family. Students were very happy and encouraged by her speech.

The organizer Mrs.R.Uma Prabha concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an webinar and Dr. Gururaj.S.Kulkarni, HOD, Department of Pharmaceutics, And to all the other faculties and students who participated in the webinar and helped in its successful completion.





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No of participants: 50 Schedule: On15thMay2023

| Time Schedule | Programme |
|---------------|----------------------------|
| 11:45 am | " INTERNATIONAL FAMILY DAY |
| | 2023" |



CHILDREN'S EDUCATION SOCIETY (REGD.) THE OXFORD COLLEGE OF PHARMACY

6/9, 1= CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

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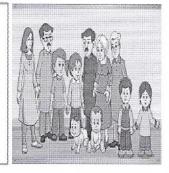


INTERNATIONAL FAMILY DAY

Speaker:

Dr. M Padmaa Paarakh Principal The Oxford College of Pharmacy Organized by IQAC, The Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore.

15th May 2023
Time: 11:45 AM - 12:40 PM
Please join the family of The Oxford
Pharmacy @ House No 506, 5th floor,



Chlef Patron

Shri. S NV L Narasimha Raju Chairman The Oxford Educational Institutions Convener

Dr. M Padmaa Paarakh Principal The Oxford College of Pharmacy Organizing Secretary

Mrs R.Uma Prabha Asst Professor The Oxford College of Pharmacy



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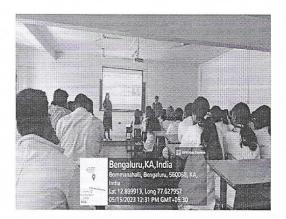


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Principal and other faculties presenting the speech

OUT COME OF THE PROGRAM

The importance of family and its significance successfully reached the students and increased the awareness about the family. Families are the bedrock of any society. They help in the shaping the values and beliefs of individuals while also providing a sense of belonging and identity. Families also provide emotional, social support, care and guidance to individuals. International family's day plays an important role in recognizing the role of families in our society.

END OF REPORT





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Date: 30/09/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

DDINCIDAI

PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZE

PROGRAMME

ON

MAHATMA GANDHI JAYANTI

ON

TUESDAY, 03RD OCTOBER 2023

CHIEF PATRON

SHRI.. S.N.V. L . NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY





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PREAMBLE:

The Oxford College of Pharmacy, Department Of Pharmacy Practice, Bangalore celebrated "Gandhi Jayanti" on 03rd october 2023. There are totally 50 participants of students of different classes.

Dr SRIPRIYA C, Assistant Professor, Department Of Pharmacy Practice organized the celebration on the occasion of "Gandhi Jayanti" and Dr. G Parthasarathy, Professor and head of the Department Of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti.

Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti. It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi . A total of 50 students from both B Pharm and pharm D were participated in this session.





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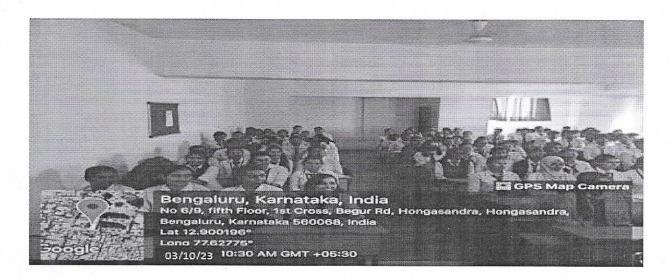
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College Of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 3rd Oct 2023

| Time Schedule | Programme |
|---------------|-------------------------------|
| 03:30-04:00PM | "Mahatma Gandhi Jayanti 2023" |

Principal





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OUTCOME OF THE PROGRAMME

The programme made students realize the greatness of humanity is not in being human, but in being humane. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT

PRINCIPAL

The Oxford College Of Pharman to 69.1st Cross, Begur Road, Hongas and Bangalore - 560 068





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Date: 17/08/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF SADBHAVANA DIWAS" for the academic year 2022-2023 will be conducted on 18/08/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

PRINCIPAL

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NSS COMMITTEE, IQAC, BANGALORE ORGANIZED

"OBSERVANCE OF SADBHAVANA DIWAS"
ON

FRIDAY 18 AUGUST 2023

CHIEF PATRON
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY.

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY





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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore Observed "Sadbhavana Diwas" on 18th August 2023 in college campus. Sadbhavana Diwas, also known as Harmony Day, is an annual celebration observed on 20th August in India. 20th August 2023 marks the 79th birth anniversary of former Prime Minister Rajiv Gandhi. This day commemorate the birthday of former Prime Minister Rajiv Gandhi, a visionary leader who championed the cause of national integration, peace and public harmony among the diverse population of India. The term "Sadbhavana" in English refers to "goodwill and bonafide". Being the youngest Prime Minister, Rajiv Gandhi's thought process was modern and different from others. He had the vision of a developed nation via many national as well as international projects that he pioneered. The main theme of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages. Rajiv Gandhi, born on 20th August 1944, is the former Prime Minister of India. He held office from 1984-1989 and made significant contributions to the development of the country. He introduced several progressive policies aimed at modernizing India's education system and economy. Some of his notable achievements include:

<u>National Policy on Education:</u> Rajiv Gandhi introduced a National Policy on Education in 1986 to modernize higher education plans and promote intellectual growth.

<u>Jawaharlal Navodaya Vidhyalaya System:</u> Rajiv Gandhi founded a central-government-based institution namely Jawaharlal Navodaya Vidhyalaya System in 1986 for the upliftment of the rural section of the society providing them free residential education from 6th to 12th class.

Telecommunications Development: Due to his efforts, MTNL (Mahanagar Telephone Nigam Limited) was established in 1986 and also created public call offices (PCOs) for spreading telephones in rural areas. Economic Reforms: In post-1990, he introduced measures for reducing License Raj allowing businesses and individuals to purchase consumer goods and import bureaucratic restrictions. Youth Empowerment: Rajiv Gandhi introduced the voting age as 18 to encourage the youth involvement in the voting process. He emphasized the potential of the country's youth and introduced schemes like the Jawahar Rozgar Yojana to provide employment opportunities.

Sadbhavana Diwas serves as a reminder of Rajiv Gandhi's aspirations for India's





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development and progress. The celebration emphasizes the promotion of national unity, peace, empathy and communal harmony among people of different faiths and cultures. The central theme of the day is to foster goodwill and understanding among diverse communities, creating an atmosphere of mutual respect and coordination. Sadbhavana Diwas' Pledge "I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, religion, region or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting or violence." The Rajiv Gandhi National Sadbhavana Award was established in 1992 by the All-Indian Parliamentary Commission of the Indian National Congress to commemorate the former PM Rajiv Gandhi. This award is given annually to those who have devoted their lives to understanding and promoting the spirit of harmony. The awardees are provided with a prize of Rs.10 lakh and a prize. Some of the awardees are: Lata Mangeshkar, Shubha Mudgal, Sunil Dutta, Amjad Ali Khan, Mohammad Azharuddin, Gopalakrishnan Gandhi and more.



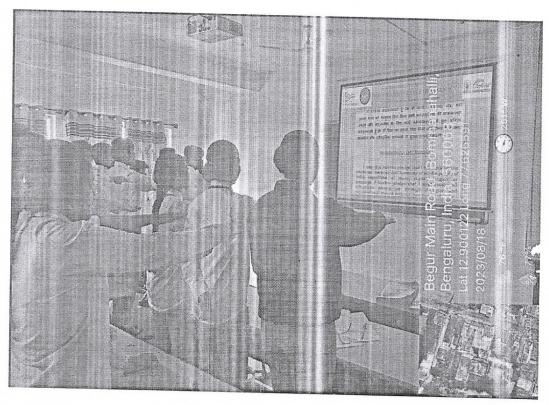


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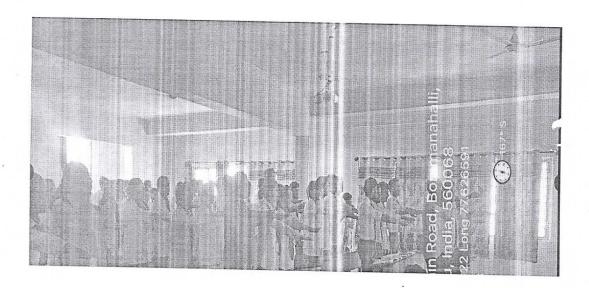


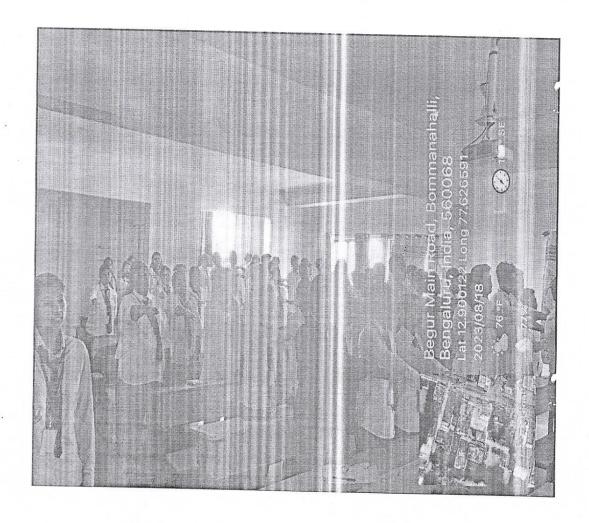


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OUTCOME OF THE PROGRAMME

The programme was observed to create awareness regarding importance of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages, the event made students to be aware about several progressive policies aimed at modernizing India's education system and economy.

END OF REPORT







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END OF REPORT







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DATE: 12/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL VOTERS DAY 2023" for the academic year 2022-2023 will be conducted on 25/01/2023. We request for the active participation for the same.

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy No 6\9.1st Cross, Begur Road, Hongasandra Bangalore - 560 068





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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED

PROGRAMME ON

"NATIONAL VOTERS DAY 2023"

25 JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. KEERTHANA C K
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS SURINDER KAUR,
ASST. PROFESSOR,
THE OXFORD COLLEGE PHARMACY

Date: 25th January 2023

Time: 3:30 - 4 PM



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PREAMBLE

The Oxford College of Pharmacy, Department of Pharmaceutics, IQAC, Bangalore celebrated "National Voters Day" on 25th January 2023. The program was organized for 100 participants of students of different classes. Mrs. Keerthana C.K Assistant Professor, Department of Pharmaceutics organized the event on "National Voters Day."

The content of the Session:

The program commenced with Prayer by the students. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics welcomed all the attendees of the program and emphasized about the importance of celebrating voters' day. The National Voters' Day has been celebrated on January 25 every year since 2011, across the country to mark the foundation day of Election Commission of India, i.e., 25th January 1950. Theme for this year's national voters' day is 'NOTHING LIKE VOTING, I VOTE FOR SURE". The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. She emphasized about the significance of Voting. Every citizen has the basic right to vote. He or she has the right to select his leader to whomever they think can lead the nation, solving the problems of common people, bringing about change, etc. National Voters Day is a significant root of India as the future of the country lies in the leader that we choose. The objectives and purpose of the celebration on occasion of National Voters Day celebration is to encourage, facilitate and maximize enrolment, especially for the new voters.

National voters' day 2023" celebration was organized by The Oxford College of Pharmacy, Bangalore by a live event on theme "NOTHING LIKE VOTING, I VOTE FOR SURE". The program was arranged on 25th January 2023. There are totally 100 participants of students of different classes.

This event was arranged on 25th January 2023 in Room No.505 of (The Oxford College of Pharmacy, Bangalore) in between 03:30 to 04:00PM.

At last, Mrs. Keerthana C K thanked to every participant who actively participated in this event and encouraged to take part in such events in upcoming days too.





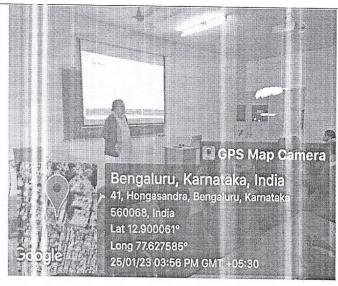
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Awareness Program in College













The Oxford College of Pharmacy

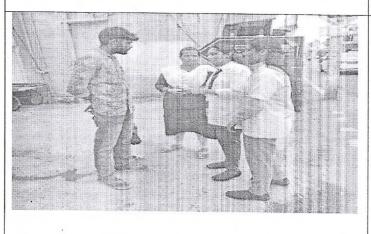
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Students giving Awareness regarding Voters App









OUTCOME OF THE PROGRAM

The importance of National Voters Day and its significance successfully reached the individuals. The students took pledge to use their vote judicially taking into account for the betterment of nation. The young voters of the country, also utilized the day to spread awareness among voters and for promoting informed participation in the electoral process. The students also went to nearby places & locality near college to spread awareness regarding Official Election Commission of India App for voter registration and elections, a step towards digital India.

END OF REPORT

P. Paduo PRINCIPAL

The Oxford College Of Pharmacy No 6\9.1st Cross, Begur Road, Hongasandra



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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 26/2/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "ZERO DISCRIMINATION DAY 2023" an awareness program to educate our staffs and students about the theme Save lives-Decriminalisation. The program will be conducted on March 1st 2023. We request your active participation for the same.

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

AWARENESS PROGRAMME
ON

"ZERO DISCRIMINATION DAY"

ON 1ST MARCH, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

ORGANIZING SECRETARY

Mrs. KESERLA BHAVANI ASST. PROFESSOR, DEPARTMENT OF PHARMACOLOGY, THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MRS. SHOBHA.G
ASSOCIATE PROFESSOR,
DEPARTMENT OF PSYCHIATRIC NURSING
THE OXFORD COLLEGE OF NURSING



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The Oxford College of Pharmacy

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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "ZERO DISCRIMINATION DAY 2023" with an aim to educate our staffs and students about the zero discrimination. The program was conducted on March 1st 2023. The theme of the Programme was "SAVE LIVES- DECRIMINALISATION".

Joint United Nations Programme on HIV/Aids (UNAIDS) is highlighting how the decriminalization of key populations and people living with HIV saves lives and helps advance the end of the AIDS pandemic. Criminal laws targeting key populations and people living with HIV violate people's human rights, exacerbate the stigma people face and put people in danger by creating barriers to the support and services they need to protect their health.

In 2021, the world set ambitious law reform targets to remove criminal laws that are undermining the HIV response and leaving key populations behind. Recognizing decriminalization as a critical element in the response, countries made a commitment that by 2025 less than 10% of countries would have punitive legal and policy environments that affect the HIV response.

In fact, today there are 134 countries explicitly criminalizing or otherwise prosecuting HIV exposure, non-disclosure or transmission; 20 countries criminalize and/or prosecute transgender persons; 153 countries criminalize at least one aspect of sex work; and 67 countries now criminalize consensual same-sex sexual activity, according to UNAIDS. In addition, 48 countries still place restrictions on entry into their territory for people living with HIV, while 53 countries report that they require mandatory HIV testing, for example for marriage certificates or for performing certain professions. 106 countries report requiring parental consent for adolescents to access HIV testing.

Criminalization drives discrimination and structural inequalities. It robs people of the prospect of healthy and fulfilling lives. And it holds back the end of AIDS.





Children's Education Society (Regd.) The Oxford College of Pharmacy

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THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Mrs. Shobha.G, Associate Professor, Department of Psychiatric nursing, was invited to talk about the theme save lives Decriminalization. She had delivered lecture about how the decriminalization save lives. She explains about what is the importance of decriminalization. The students of M. Pharm I year Pharmacology, I year Pharmaceutics, I pharm D, I B. Pharm students were participated in the Programme.

The organizer Mrs. Keserla Bhavani concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology.

No of participants: 100 participants

Schedule: On 1st March, 2023

| Time Schedule | Programme |
|-----------------|----------------------|
| 11.30AM-12.30PM | "ZERO DISCRIMINATION |
| | DAY 2023" |





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CHILDREN'SEDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
(9), I CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-SIÐÐ)

DEPARTMENT OF PHARMACOLOGY, IQAC



ZERO DISCRIMINATION DAY

MARCH 1ST 2023, 11:30AM-12:30PM
THEME: SAVE LIVES :DECRIMINILISATION

AWARENESS PROGRAMME MRS. SHOBHA. G

ASSOCIATE PROFESSOR,
DEPARTMENT OF PSHYCHIATRIC NURSING,
THE OXFORD COLLEGE OF NURSING



CHIEF PATRON

Shri. S N V L Narasimha Raju, Chairman, The Oxford Educational Institutions

CONVENER

Dr. Padmaa M. Paarakh, Principal, The Oxford College of Pharmacy

ORGANIZING SECRETARY

Mrs. Keserla Bhavani,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy



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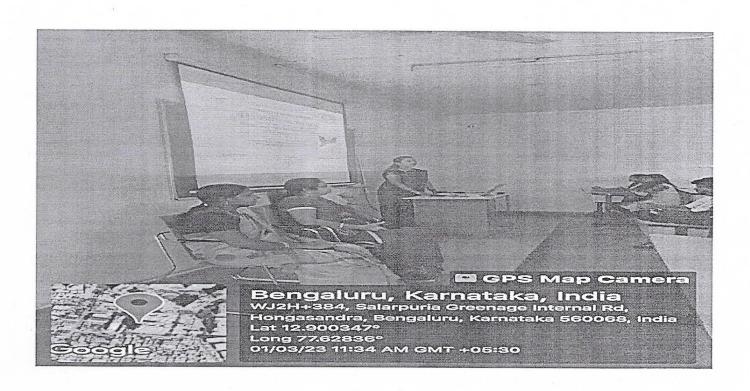
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OUTCOME OF THE PROGRAMME

The programme was conducted with an aim to raise an awareness and to educate our staffs and students about the theme save lives- Decriminalization. Students learned that how Criminal activities drives discrimination and structural inequalities and rob people from their rights in the society. They also learned that it robs people of the prospect of healthy and fulfilling lives leading to increased vulnerability. Above all, students, after having exposed to the gravity of the criminalization, felt that it is the duty of the every individual to fight against criminal activities to create secure and safe environment in the society.

END OF THE REPORT







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Date: 21/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a programme on 'INDIAN CONSTITUTION DAY 2022' for the academic year 2022-2023 will be conducted on 26/11/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

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The Oxford College Of Pharmacy
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Bangarore - 550 diffe





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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

PROGRAMME

ON

INDIAN CONSTITUTION DAY

26 NOVEMBER 2022

CHIEF PATRON

SHRI. S.N.V. L . NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY

Date: On 26th November 2022

Time: 12:30 pm

Oxford

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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "INDIAN CONSTITUTION DAY 2022" to mark the adoption of Indian Constitution by the constituent assembly on 26 November 2022. Constitution Day, also known as Samvidhan Divas or National Law Day, is celebrated in India on November 26th each year. This day commemorates the adoption of the Constitution of India on November 26, 1949. The Constitution came into force on January 26, 1950.

The celebration of the Constitution Day and subsequent activities aim to spread awareness on the importance of the Indian Constitution and to acknowledge the contributions of its architect, Dr B R Ambedkar.

The content of the Session:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. Parthasarathy G. HOD. Department of Pharmacy Practice, was invited to talk about the Constitution Day. He emphasized about the significance of Indian Constitution Day. He made students to understand the fundamental rights, fundamental duties as a citizen of India.

On this occasion different sessions were arranged by the organizing member Dr Sripriya C. The first session included briefing of students with the background of the day followed by the oath taking on this occasion. An open quiz session about the interesting Facts about Indian Constitution was also conducted by Dr Sripriya C. The Constitution Day was first celebrated as a mark of tribute to India's first Law Minister Bhim Rao Ambedkar, who played a pivotal role in the drafting of the Indian Constitution. The Constitution is a set of written principles and precedents of the Government of India that frames fundamental political principles, procedures, rights, directive principles, restrictions, and duties of the government and the citizens of the country.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 80 participants including staffs and students of The Oxford College of Pharmacy had attended the program.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford

Oxford



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College of Pharmacy for their support in organizing event and Dr. Parthasarathy G, HOD, Department of Pharmacy Practice for his constant encouragement and thanked all the faculties and students who participated in the event and helped in the successful completion of the event.



CHILDREN'S EDUCATION SOCIETY (REGD.)*

THE OXFORD COLLEGE OF PHARMACY

69, 157 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

DEPARTMENT OF PHARMACY PRACTICE

ORGANIZES

on 26 November 2022

TIME - 02:30 -03:30 PM Chief Patron

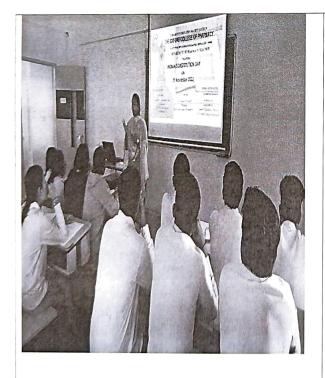
> Shri. S N V L Narasimha Raju Chairman The Oxford Educational Institutions

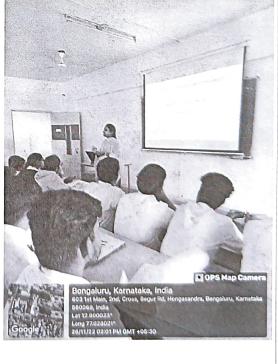
Convener

Dr. Padmaa M Paarakh Principal The Oxford College of Pharmacy VENUE - ROOM NO 506

Organizing Secretary

Dr Sripriya C
Asst professor
Dept of Pharmacy Practice
The Oxford College of Pharmacy







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DATE: 16/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAME

ON

"NATIONAL GIRL CHILD DAY 2023"

WEDNESS DAY 25 JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OFINSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS RAJESHWARI,

ASST. PROFESSOR,

THE OXFORD COLLEGE OF NURSING SCIENCES



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PREAMBLE

The Oxford College of Pharmacy, IQAC, Bangalore celebrated "National Girl Child Day" on 25th January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2023" with the theme "Empowering Girls for a Brighter Tomorrow". The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.



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To create a safe environment for girls to live safely inside and outside their homes.

Additionally, the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao (BBBP) in their neighborhood

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



National

Child Day

CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068



"Empowering Girls for a Brighter Tomorrow"

Organized Under IQAC, The Oxford College of Pharmacy
Conducted On 25TH JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,
OXFORD COLLEGE OF NURSING SCIENCES

PATRON

CONVENER

ORGANIZING MEMBER

SHRI S. N. V.L., NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS DR PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

MS DIVYAS KUMAR
THE OXFORD COLLEGE OF PHARMACY



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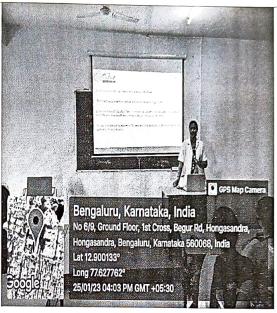


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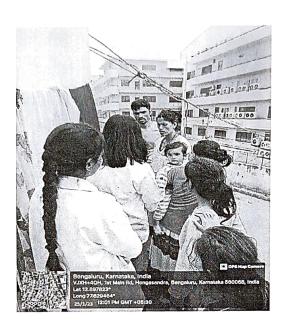
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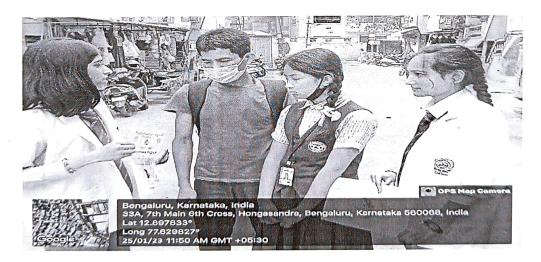


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Students creating awareness in the local community- National girl child day



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OUT COME OF THE PROGRAM

This program invoked a spirit of awareness among the listners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreached program to reach out communities for National Girls Child Day awareness. The awareness programe was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP throug which girl child can get proper education.

END OF REPORT

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Date: 02/02/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD CANCER DAY 2023' will be conducted on 04/02/2023. We request for the active participation for the same.



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The Oxford Cottens Of Pharman of 609, tax Cross Begun Reput Hengasandra

Bangalore - 560 068





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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAMME ON

"WORLD CANCER DAY"

ON

SATURDAY, 04th FEBRUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. G. SUVARNA LAKSHMI
ASST PROFESSOR,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD CANCER DAY 2023". It is the global uniting initiative led by the Union for International Cancer Control (UICC).

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment.

World Cancer Day 2023 is observed on 4th February every year to raise awareness about the prevention and treatment of cancer. The main aim of World Cancer Day 2023 is to promote the importance of early detection of Cancer as it can exponentially increase the chances of better treatment and curing it.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2023 "Close the Care Gap".

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of World cancer day on 4th February 2023, a awareness programme was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.





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The lecture was by Azeez Ali Khan, Business Head, co Guide Research Simplified. He focused on the cancer prevention interventions. He also shared his views on adopting cancer-preventive life style.

The second lecture was by Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry on World cancer day theme "Close the Care Gap". People need to encourage others to take care of themselves and adopt a cancer-preventive lifestyle. Moreover, the Theme Close the Care Gap emphasizes providing better and more accessible clinical evaluation and care to people at large.

The third lecture was by **Dr. Noopur Shrivastava**, **HOD In charge**, **Department of Pharmacology** on the common cancers in community and myths and taboos related to various types cancer. She also focused on how sometimes people fail to notice the early symptoms due to a lack of awareness and clinical evaluation or checkups.

The organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an event. She also expressed her gratitude to Azeez Ali Khan, Business Head, co Guide Research Simplified, Dr. Noopur Shrivastava, HOD Incharge, Department of Pharmacology, Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 4th February 2023

| Time Schedule | Programme |
|---------------|-------------------------|
| 10 am | "WORLD CANCER DAY 2023" |





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CHILDREN'S EDUCATION SOCIETY (REGD.) THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IIC

WORLD CANCER DAY

THEME: CLOSE THE CARE GAP

4th February 2023, 10 AM



GUEST SPEAKER

Azeez Ali Khan Business Head

coGuide Research Simplified





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Cancer Prevention Intervention — AVAILABLE TODAY BECAUSE OF RESEARCH

MEDICATIONS

proven to reduce risk of breast and colon cancers in those at increased risk.

LIFESTYLE S S CHOICES S S

such as avoid or Vint quit tobacco, limit alcohol, avoid known carcinogens, keep active & avoid obesity.

TREATMENTS FOR INFECTIONS

known to increase cancer risk, including hepatitis C. HIV, and H. pylori.

SCREENING

that allow removal of precancerous lesions, such as colon polyps.

VACCINES TO PROTECT

against infection with human papillomavirus (HPV) and hepatitis B.

SURGERY

to remove tissues at risk, such as for women with increased risk of breast and varian cancer.





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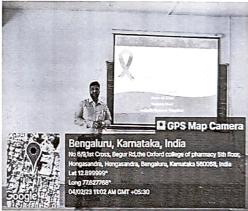
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OUTCOME OF THE PROGRAMME

The program successfully reached the students and significantly increased the awareness about cancer related issues. Students gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings, potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. After the program, they brought knowledge about cancer to the local community, helping people learn more about cancer.

END OF THE REPORT

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Date: 25/4/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "WORLD ASTHMA DAY 2023" an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program will be conducted on May 2nd 2023. We request your active participation for the same.

PRINCIPAL

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The Oxford College Of Pharmacy No 69.1st Closs Dr. A. Port, Hangasandra Bangalata - 500 038

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

IQACORGANIZE

AWARENESS PROGRAM ON

"WORLD ASTHMA DAY"

ON

TUESDAY, 02ND MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. PRADEEPA PRASAD
ASST PROFESSOR,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,
TOCP





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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD ASTHMA DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program was conducted on May 2nd 2023

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "Asthma care for All" as the theme for the 2023 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2023. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. The Asthma care for All message promotes the development and implementation of effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.





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Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma by various breathing techniques like Anulom Vilom Pranayama, and educate the participants to stay healthy by Making the necessary lifestyle adjustments to maintain a healthy mind and body by avoiding behaviors that can impede your mental and physical growth. By keeping yourself active and involved in something constructive.

The program has three different sessions which is delivered by students of III Pharm D. The first session was "Know the condition" which provides all information about the disease condition, its causes and importance of the condition. The second session was "The Treatment and First Aids" includes all the possible treatment plans, medications and how to perform the first aids in an emergency situation.





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The third session was "How to use an Inhaler", which—is a demonstration of medicated metered Inhaler by Miss. Dimple, student of III Pharm D. The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 100 participates including staffs and students of oxford college of Pharmacy were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 participants

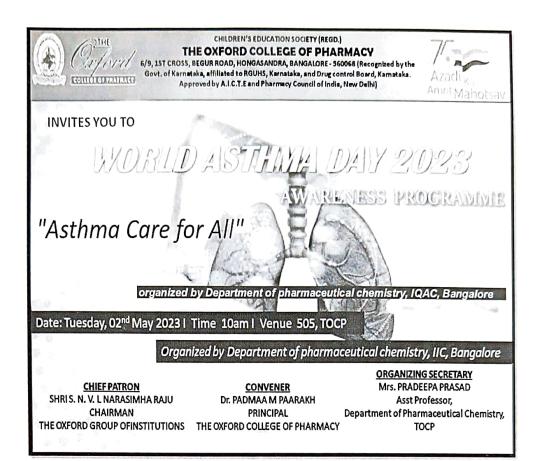
Schedule: On 2nd May 2023

| Time Schedule | Programme | |
|---------------|-------------------------|--|
| 10 am | "WORLD ASTHMA DAY 2023" | |



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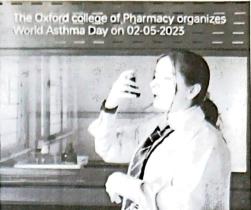


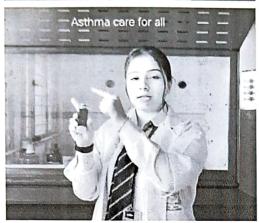


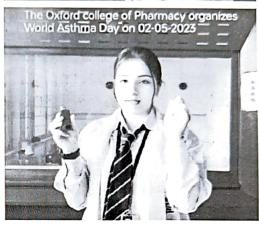
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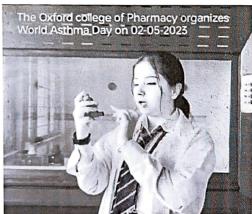
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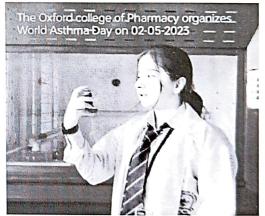










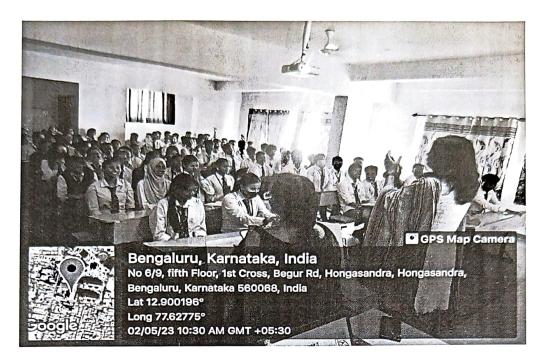


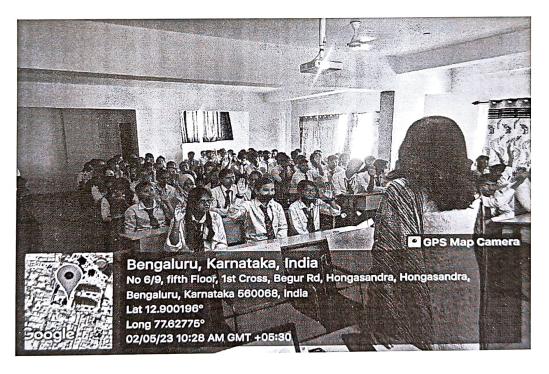


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"ASTHMA CARE FOR ALL"

- · World Asthma Day is an annual awareness day that is organized by the Global Initiative for Asthma (GINA).
- Its main goal is to raise awareness about asthma and improve asthma care around the world.
- The event is held on the first Tuesday of May every year and aims to promote understanding of asthma and encourage individuals to take control of their asthma by seeking appropriate medical care.

SYMPTOMS OF ASTHMA TO LOOK OUT FOR

- · Wheezing, a whistling or squeaky sound when breathing
- · Shormess of breath or difficulty in breathing
- · Chest tightness or pain
- · Chronic coughing especially at night or early morning
- · Rapid breathing or panting.
- · Trouble aleeping
- · Fatigue or tiredness due to difficulty of breathing.
- · Anxiety or panic due to sudden onset of symptoms



HOW TO USE AN INHALER

- · STEP 1: Remove the cap
- . The cap is a small covering located over the mouthpiece of the inhaler to prevent foreign objects from getting in the inhaler. Pull the cap to remove it and set it in a sate place. An uncapped inhaler can pick up germs and debris, which you will then pump into your lungs.
- Make sure that you don't lose your cap while you're using your inhaler.



FIRST AID FOR ASTHMA

- · Step 1: Sit the person upright
- · Be calm and reassuring.
- · Po not leave them alone
- · Step 2: Give 4 separate puffs of blue/grey reliever puffer
- · Shake the puffer
- · Ful I puff into the spacer.
- Get the person to take 4 breaths from the spacer.
- Repeat until 4 puffs have been taken 4ff you don't have a spacer, give 1 puff as they take 1 slow, deep breath and hold breath for as long as comfortable. Repeat until all puffs are taken 1
- · Remember: Shake, 1 puff. 1 breaths.

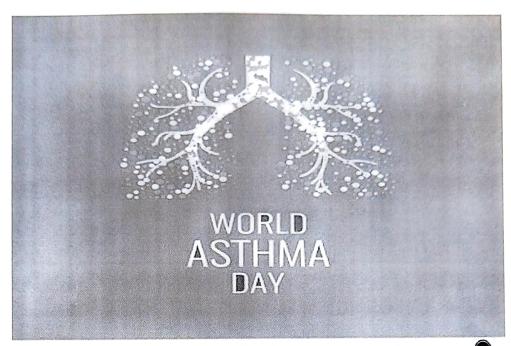






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"BREATHE IN, BREATHE OUT AND KEEP CALM"





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OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the asthma condition, the medication, treatment and its first aid was successfully achieved. Students gained information about the disease condition, its causes and importance. Students also practiced various breathing techniques for management of asthma that to be practiced in daily life. The demonstration of medicated metered Inhaler has created a good knowledge among the students.

END OF THE REPORT







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Date: 26/5/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "WORLD NO TOBACCO DAY 2023" about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program will be conducted on June 1st 2023. We request your active participation for the same. The theme of the Programme was "GROW FOOD NOT TOBACCO".

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

PROGRAMME ON

"WORLD NO TOBACCO DAY"

ON

THURSDAY, 1ST JUNE, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. G. VENKATA KARTHIK KUMAR REDDY ASST PROFESSOR DEPARTMENT OF PHARMACOLOGY

SPEAKERS

Dr. GURURAJ S KULKARNI

Professor & HOD, Department of Pharmaceutics

Χ

Dr. NOOPUR SRIVASTAVA Asso. Professor, Department of Pharmacology



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD NO TOBACCO DAY 2023" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program was conducted on JUNE 1st 2023. The theme of the Programme was "GROW FOOD NOT TOBACCO".

On 1ST June 2023, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "Grow food, not tobacco". The 2023 global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops. It will also aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

The growing food crisis is driven by conflicts and wars, climatic shocks, and the economic and social impacts of the COVID-19 pandemic. Structural causes like the choice of crop also have an impact, and look into tobacco growing reveals how it contributes to increased food insecurity:



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- Across the globe around 3.5 million hectares of land are converted for tobacco growing each year.
 Growing tobacco also contributes to deforestation of 200 000 hectares a year.
- Tobacco growing is resource intensive and requires heavy use of pesticides and fertilizers, which
 contribute to soil degradation.
- Land used for growing tobacco then has a lower capacity for growing other crops, such as food, since tobacco depletes soil fertility.
- Compared with other agricultural activities such as maize growing and even livestock grazing,
 tobacco farming has a far more destructive impact on ecosystems as tobacco farmlands are more prone to desertification.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, I & II D. Pharm students were participated in the Programme.





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The organizer Dr. G. Venkata Kartheek Kumar Reddy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went outside the campus to create awareness in the nearby community

No of participants: 90 participants

Schedule: On 1st June, 2023

| Time Schedule | Programme |
|-----------------|-----------------------|
| 11.00AM-12.00PM | "NO TABACCO DAY 2023" |

Principal





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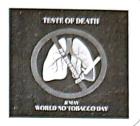


CHILDREN'SEDUCATION SOCIETY (REGD.) THE OXFORD COLLEGE OF PHARMACY 69 TORON, BEGUR ROAD, HONGASANDRA, BENGALLER FORBORD DEPARTMENT OF PHARMACOLOGY, IQAC



WORLD NO TOBACCO DAY

JUNE 1 ^{5T} 2023
THEME: GROW FOOD, NOT TOBACCO"



CHIEF PATRON
Shri, S N V 1, Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh, Principal, The Oxford College of Pharmacy ORGANIZING SECRETARY
DR. G KARTHIK REDDY,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy







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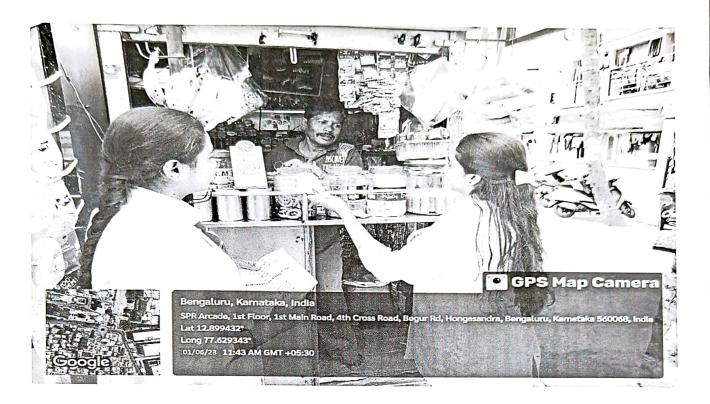


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Students creating awareness in the local community- No tobacco day





Children's Education Society (Regd.) The Oxford College of Pharmacy

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OUTCOME OF THE PROGRAMME

This year's theme for no tobacco day is "Grow Food, Not Tobacco," emphasizes the importance of healthy food production in reducing tobacco use. Through this awareness program students gained knowledge to Promote food production over tobacco cultivation, create jobs, reduce pesticide use, and improve overall health. Reducing tobacco use can positively impact society, including improved health for students, cost savings in healthcare, and a more equitable society for all. Students along with faculties created awareness in the local society and explained the risk in consuming tobacco. Students were appreciated by the public.

END OF THE REPORT

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Bangarore - 560 668



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DATE: 02/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on "WORLD ENVIRONMENT DAY 2023" will be conducted on 05/06/2023. We request the active participation for the same.

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAM ON

"WORLD ENVIRONMENTAL DAY"
ON

MONDAY, 05th JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. VISHNUPRIYA S
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "WORLD ENVIRONMENTAL DAY 2023" with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2023

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." World Environment Day 2023 marks the completions of 50 years of its establishment. This year, the theme of the WED 2023 is "#Beat Plastic Pollution." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign.

The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Vishnupriya S, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy celebrated World Environment Day on 5th June 2023. Students of various branches from department participated and celebrated world

environmental day enthusiastically. All the students were asked to plant a sapling to create a green





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corner around the college campus and their home gardens, as well as all the teachers also helped the students in planting. A lot of enthusiasm was seen in the students. After the plantation program the students assembled in 506 room, our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about how the condition of our environment today is and why we need to be aware. She also told us what steps we should take immediately so that we can make our environment healthy. At the end, she took a promise from all the students that no one will pollute the environment and will not allow anyone to do so and the event was conducted successfully with whole hearted participation and awareness about green environment.

The organizer Mrs. Vishnupriya S concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the program students went to local community and conveyed the message of importance of implantation.

No of participants: 50 participants

Schedule: On 5th June 2023

| Time Schedule | Programme |
|---------------|------------------------------|
| 10 am | "WORLD ENVIRONMENT DAY 2023" |





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CHILDREN'SEDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 151 CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD ENVIRONMENT DAY-2023



Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 5th JUNE 2023



PATRON

CONVENER

ORGANIZING MEMBER

SHRI S. N. V. L. NARASIMHARAJU CHAIRMAN, THE OXFORD GROUP OF INSTITUTIONS Dr. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

Mrs VISHNUPRIYA S,
ASSISTANT PROFESSOR,
THE OXFORD COLLEGE OF
PHARMACY



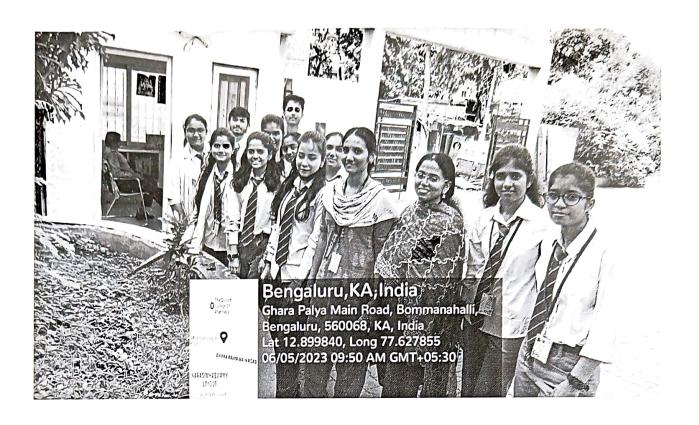
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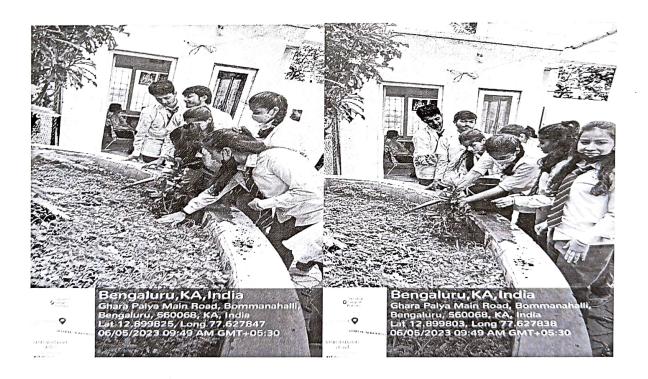
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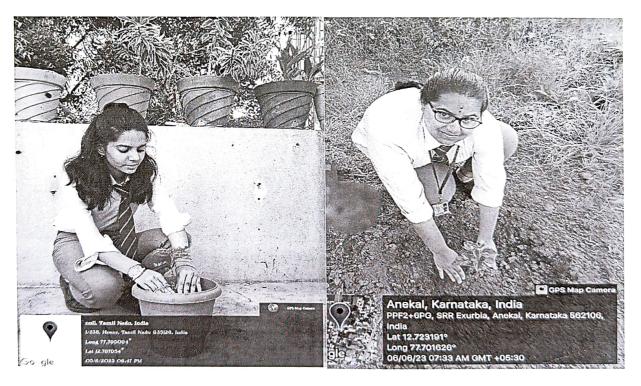
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Students conveying the message of implantating trees in the local community

OUTCOME OF THE PROGRAMME

This program offered an opportunity for students to learn about the environment and develop a sense of responsibility and commitment to sustainability. A sign of the impact of the day, students planted various plants on the college premises and even went out creating awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees. It can also positively impact society by leading to changes in behaviour and policy, creating new industries and jobs, and reducing costs associated with environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations.

END OF REPORT

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Date: 26/5/2023

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "WORLD FOOD SAFETY DAY 2023" on 8/6/23 an awareness and entertaining program to educate our staffs and students about the safety of foods, the cooking without fire competition is going to be conducted with the topic of NATURE'S TREAT (ZERO JUNK) for B.Pharm, M.pharm, Pharm.D and D.pharm students, The students who are interested can register your name with the organizing secretary Mrs. Joyce, Dept of Pharmacology. We request your active participation for the same.

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DEPARTMENT OF PHARMACOLOGY, IQAC ORGANISED PROGRAM ON

"WORLD FOOD SAFETY DAY 2023"

ON

7th June 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.JOYCE
ASST PROFESSOR,
DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY





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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "WORLD FOOD SAFETY DAY" on 7th JUNE 2023, with the aim to raise alert about food safety, Mrs. Joyce, Assistant Professor Department of Pharmacology, initiated the celebration of the program along with students, conducted food purity testing demo and fireless cooking competition to promote the importance of healthy food, there were around 30 contestants who actively took part in the competition.

The content of the Session:

"World food safety day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 7th June 2023" with the theme "Nature's treat (ZERO JUNK)". The program started with the welcoming of the audience, contestants were enthusiastically participating in the event "fireless cooking", They sticked to the theme in the competition and presented the dishes which is 100% organic, Students also showed the food purity demo

The event was judged by

Dr. Guraj Kulkarni, (HOD, Department of Pharmaceutics)

Dr. Parthasarathy, (HOD, Department of Pharmacy Practice)

Dr. Noopur, (HOD, Department of Pharmacology) &

Dr. Jyoti, (HOD, Department of Pharmaceutical Chemistry)

The Judges were judging the event based on four criterias presentation, taste, hygiene and uniqueness, based on their judgement II PharmD students, Ms. Hasuba, Ms. Vency, Ms. Uttara won the first prize.





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No of Contestants: 30 participants.

Schedule: On 8th June 2023

| Time Schedule | Programme |
|----------------------|------------------------------|
| 11.30 am to 12.30 pm | "WORLD FOOD SAFETY DAY 2023" |



CHILDREN'S EDUCATION SOCIETY (REGD) THE OXFORD COLLEGE OF PHARMACY 6/9,1 CROSS,BEGUR ROAD, HONGASANDRA, BENGALURE -560068

DEPARTMENT OF PHARMACOLOGY



WORLD FOOD SAFETY DAY

JUNE 7TH 2023

SAFE FOOD SAVES LIFE



Convener Dr.Padmaa. M. Paarakh Principal The Oxford College of Pharmacy Bangalore

Organizing secretary

Mrs. Joyce Assistant Professor Department of Pharmacology The Oxford college of Pharmacy Bangalore





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Fireless cooking competition



on June 8th 2023 From 11.50 am to 12.40 pm at room no.502

At The Oxford college of pharmacy, Bangalore



We cordially invite you all for the food safety day celebration

Chief Patron
Shri. S N V L Narshimha Raju,
Chairman
Oxford Education Institutions
Bangalore

Convener
Dr.Padmaa. M. Paarakh
Principal
The Oxford College of Pharmacy
Bangalore

Organizing secretary
Mrs. Joyce
Assistant Professor
Department of Pharmacology
The Oxford College of Pharmacy
Bangalore





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Program clicks











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OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the food safety, Students gained knowledge about the food adulteration, importance of food safety, hygiene and organic stuffs, The session also given the demo of food adulterations and testing methodologies, the cooking without fire competition encouraged the participants and audience to develop the practice of consuming zerojunks.

END OF THE REPORT

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The Oxford College Cohormacy
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Bangalore - 560 068





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Date: 10/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD BLOOD DONOR DAY 2023' will be conducted on 14/06/2023. We look forward for the active participation for the same.

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

"WORLD BLOOD DONOR DAY"

ON

WEDNESDAY, 14TH JUNE 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASST PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY





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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD BLOOD DONOR DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life saving gifts of blood. The program was conducted on June 14th 2023. This day is celebrated on the birthday anniversary of Karl Landsteiner on June 14, 1868. Landsteiner was awarded the Nobel prize for his discovery of ABO blood group system.

In 2004, World Blood Donor Day was first distinguished by WHO. In 58th World Health Assembly, 2005 it was declared as annual global event to raise awareness about the importance of blood donation.

The Theme for 2023 World Blood donor day campaign is 'Give Blood, Give Plasma, Share Life, Share Often'. This theme reflects the important role blood donors play in maintaining the health and well-being of communities around the world.

Blood and plasma are essential in surgery and for treating many conditions such as trauma, cancer, immune disorders and coagulation disorders. They are also crucial for responding to emergencies and fighting against infectious diseases. However, many countries face challenges in ensuring adequate and safe blood supply for patients because of insufficient medical infrastructure and personal conflict or ongoing humanitarian crisis. On world blood donor day, we celebrate donors at the heroes they are. Every single donation can make difference for someone's life by giving blood or plasma you are not helping a patient but also their family and community.

THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Blood Donor Day. He was delivered about the importance of Blood donations.

The program has different sessions which is delivered by Dr Sripriya C. The first includes the objectives of the world blood donor day followed by who can give blood and what is the criteria for it as prescribed by WHO. Then follows what happens to the collected blood. And also explains the working of blood bank. And last explains the benefits of blood donations, it is not only the person who receive blood is benefited, but





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also the person who is giving blood benefited. And motivates the students to create awareness among society around them and encourage for active participation in life saving act

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 60 participants including staffs and students of oxford college of Pharmacy were attended the program. After completing the program in campus students went outside the campus to create awareness in the society.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The oxford college of pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 14th June 2023

| Time Schedule | Programme |
|---------------|---------------------------------|
| 02:00 PM | "WORLD BLOOD DONOR DAY 2023" |
| | |



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DEPARTMENT OF PHARMACY PRACTICE



WORLD BLOOD DONOR DAY 2023

14-06-23

"GIVE BLOOD, GIVE PLASMA, SHARE LIFE , SHARE OFTEN

Chief Patron

Shri. S N V L Narasimha Raju Chairman The Oxford Educational Institutions Convener

Dr. Padmaa M Paarakh Principal The Oxford College of Pharmacy Organizing Secretary

Blood donation

Dr Sripriya C Assistant Professor Dept of pharmacy practice The Oxford College of Pharmacy

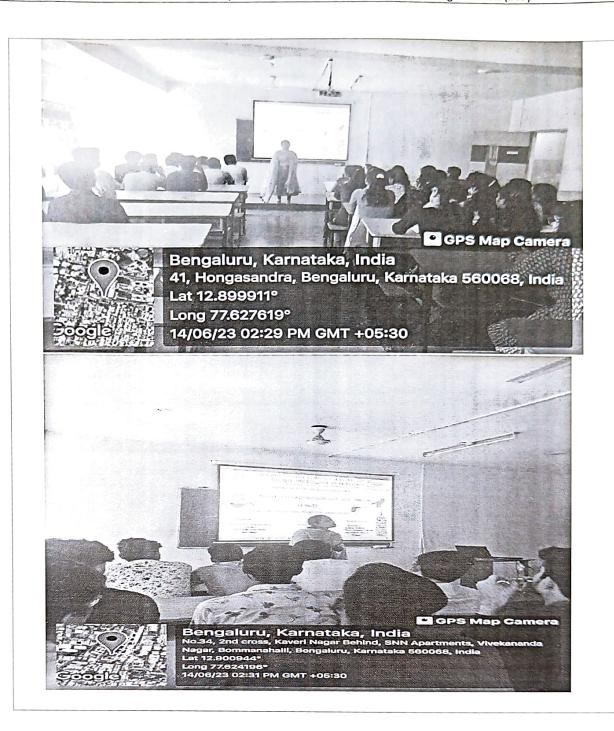






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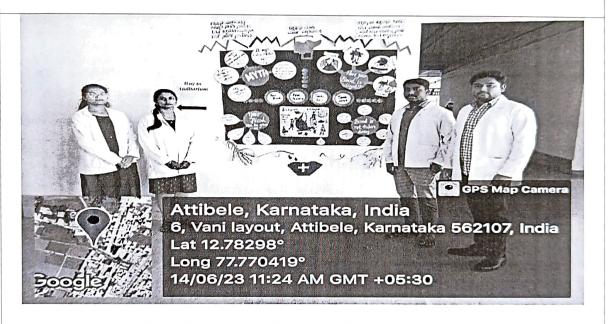


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Students interacting with local community - Blood donor day





The Oxford College of Pharmacy

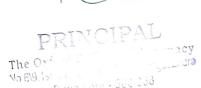
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OUTCOME OF THE PROGRAMME

The outcomes and benefits of World blood donor day include saving lives, promoting health, raising awareness, fostering community spirit, and providing educational opportunities for students. The Oxford College of Pharmacy has organized the awareness programme which helped the students understand the importance of blood and its donation and encourage more people to donate blood. From this program, we can positively impact on society to involve in such programs. The students also got an opportunity to interact with common people and educate them about the blood donation as well as to create an awareness for the same. The public response was fascinated and welcoming. They thanked our students for educating them about blood donation.

END OF REPORT





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Date: 20/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session On "INTERNATIONAL YOGA DAY OF 2023" will be conducted on 21/06/2023. We look forward for the active participation for the same.

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> NSS COMMITTEE, IQAC, BANGALORE ORGANISED PROGRAMME ON

"INTERNATIONAL YOGA DAY OF 2023"
ON
WEDNESDAY 21ST JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

<u>PATRON</u> DR. PADMAA M PAARAKH

PRINCIPAL THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

VIVEKANAND SAWARKAR SAHAJA YOGA TRAINER

HEAD CORPORATE QUALITY, STRIDES

PHARMA SCIENCE

BANGALORE.





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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "INTERNATIONAL YOGA DAY OF 2023" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 4th floor health center. There were 50 students for this event from The Oxford College of Pharmacy. MR. VIVEKANAND SAWARKAR, Sahaja yoga trainer, Head Corporate Quality, Strides Pharma Science, Bangalore delivered lecture on "Sahaja yoga and meditation technique".

THE CONTENT DELIVERED IN THE WEBINAR IS AS FOLLOWS

MR. VIVEKANAND SAWARKAR thanked Mataji Nirmala Devi for rediscovering sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. There were around 60 participants.



CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



GUEST SPEAKER

MR. PRASANTHAN SAHAJAYOGATRAINER ASSOCIATE ARCHITECT BANGALORE. CORDIALLY INVITE YOU ON OBSERVANCE OF "INTERNATIONAL YOGA DAY"

THE THEME OF 2023 IS

"YOGA FOR VASUDHAIVA KUTUMBAKAM"

ON
21ST JUNE 2023 AT 10:30 AM.



CHIEFPATRON

SRI, S.N.YL, NARASIMHA RAJU CHAIRMAN THE OXFORD EDUCATIONAL INSTITUTIONS CONVENER

DR. M PADMAAPAARAKH, PRINCIPAL, THE OXFORD COLLEGEOF PHARMACY NSS COMMITTEE CO-ORDINATOR

MRS, NAGALAKSHMI ASSISTANT PROFESSOR NSS COMMITTEE CO-ORDINATOR THE OXFORD COLLEGE OF PHARMACY



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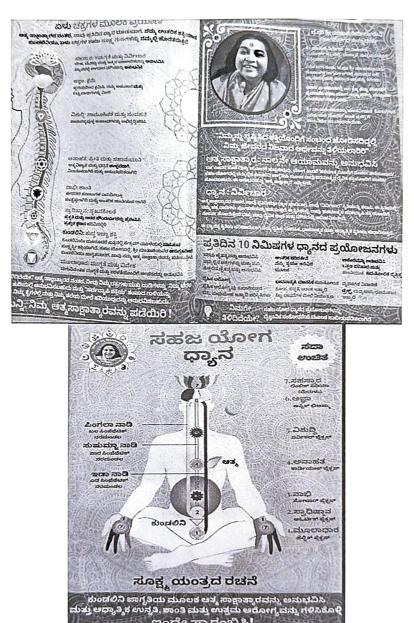
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This programme is arranged to share the knowledge on the topic "Sahaja yoga and meditation technique" by Mr. VIVEKANAND SAWARKAR. The overall organization and deliverance of the session was helpful and satisfied the participants. After the program students went out to the local community and conveyed the importance of Yoga.





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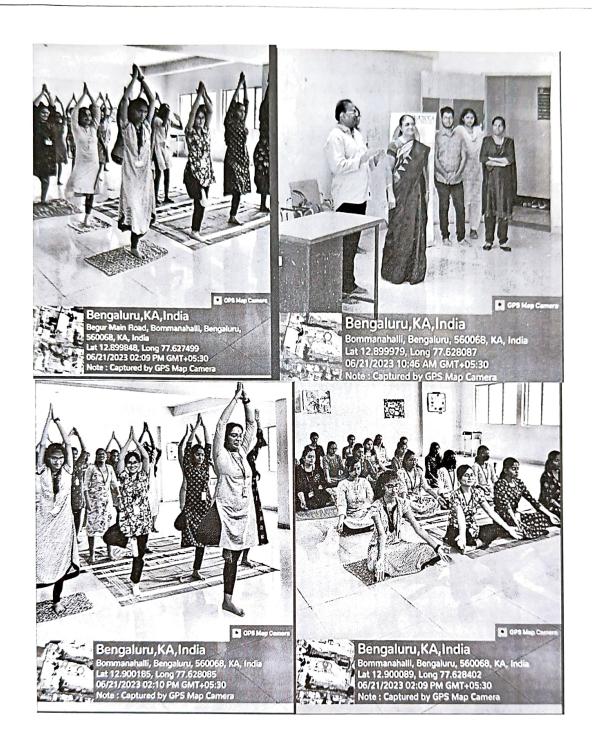


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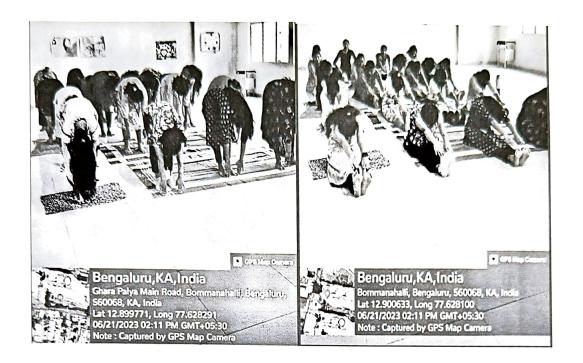




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(MR. VIVEKANAND SAWARKAR interacting with the faculties and students)



Students educating local community - Yoga Day





The Oxford College of Pharmacy

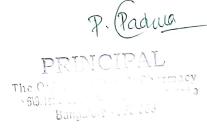
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OUTCOME OF THE PROGRAMME

The session in the Yoga Day became a point of learning about the importance of physical exercise to keep up good health in the metro cities like Bangalore. It promotes physical fitness, enhances mental health, fosters community spirit, encourages environmental awareness, and provides educational opportunities. By embracing yoga as a way of life, individuals can lead more fulfilling and healthy lives, and society can benefit from a happier, more peaceful, and more connected community. The students and faculty also taken initiative to reach out local people and promoted awareness that how daily physical exercise can keep us healthy from various illnesses such as cardiac, respiratory problems, mental health, better sleep, relief from stress etc. Such efforts on behalf of the college were much appreciated by local communities.

END OF REPORT





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